CLMBR XL

PERFORMANCE WITHOUT COMPROMISE

The Ultimate Vertical Climber for Taller, Stronger, Higher Performers

Built for elite training environments and taller athletes, the CLMBR XL redefines vertical climbing—literally. With its re-engineered frame and extended reach, it's optimized for users between 5'8" and 7', delivering a safe, ergonomic, high-performance workout. Optional extender handles push the max user height to an unmatched 7'6".



Combine extender handles with CLMBR XL to accommodate the tallest users by adding approximately 6 inches to the Max User Height, accommodating users

up to 7'6".

CLMBR for Elite Athletes

TOTAL-BODY STRENGTH & POWER DEVELOPMENT	 Engages up to 86% of muscles—upper body, lower body, and core—in one continuous motion, building functional strength, endurance, and power. For athletes, this means developing integrated muscle chains essential for explosive performance.
JOINT-FRIENDLY, HIGH-INTENSITY TRAINING	 Low-impact, closed-chain movement protects knees, hips, and ankles while delivering maximum cardiovascular and muscular output Ideal for off-season conditioning, in-season maintenance, and return-to-play.
SPORT-SPECIFIC BENEFITS	 Overhead reach, posterior chain power, and core stability. Builds upper-body strength, lower-body drive, and balanced core engagement for speed, power, injury prevention, and performance across sports.
ELITE CONDITIONING EFFICIENCY	 Delivers the metabolic and muscular challenge of 40+ minutes of cardio in just 20 minutes. Boosting peak heart rate, anaerobic capacity, and lactate threshold while freeing time for skill work and recovery.
MEASURABLE, REPEATABLE PROGRESS	 Integrated metrics—power output, tempo, reach, and vertical feet climbed. Allows coaches track performance, gauge readiness, and program progressive overload without excessive CNS fatigue.
TOTAL-BODY STRENGTH & POWER DEVELOPMENT	 Adapts to any phase: preseason conditioning, in-season maintenance, off-season strength, or rehab. Suitable for HIIT, steady-state endurance, strength climbs, and active recovery.